



DOMKAL GIRLS' COLLEGE

DOMKAL, MURSHIDABAD, WEST BENGAL
DEPARTMENT OF EDUCATION

ADD-ON COURSE: GUIDANCE AND COUNSELLING

Introduction: -

Domkal Girls' College, located in the heart of Domkal, Murshidabad, West Bengal, is a premier institution dedicated to the education and empowerment of women. Our college provides a nurturing environment that encourages academic excellence, personal growth, and social responsibility. With a commitment to holistic development, we offer a variety of undergraduate programs and add-on courses designed to equip our students with the skills and knowledge needed to succeed in a dynamic world.

Course Overview:-

The Add-On Course on Guidance and Counselling (GC) in Education is an assistance made available by competent counsellors to an individual of any group to help him/her direct the life course, develop a point of view, make decisions and be better adjusted. Guidance does not mean giving directions, nor is it an imposition of one's point of view on another person. Counselling is an interactive learning process in which the counsellor (sometimes termed therapist), helps the counselees (those seeking help) to understand the cause(s) of difficulties and guides them to sort out issues and reach decisions. The approach in counselling is holistic, addressing social, cultural, economic and emotional issues. Counselling can be sought at any time in life, although many people reach out only in times of change or crisis. The overall aim is to provide counselees with opportunities to work in positive ways so as to live with essence of wellbeing as individuals and as members of the larger society.

Course Title:-

Add-On Course on Guidance and Counselling (GC)

Course Objectives:-

1. To provide a foundational understanding of the principles and practices of guidance and counselling.
2. To equip students with the skills necessary to identify and address the needs of diverse learners.
3. To enhance students' ability to offer personal and psychological guidance.
4. To foster the development of effective counselling strategies.
5. To prepare students for roles in educational and professional counselling environments.

Eligibility Criteria:-

- ✓ Open to all undergraduate students (B.A, B.Sc, B.Com, IT, MBBS, BMS).

- ✓ Course is conducted online.

Course Structure:-

Unit 1: Basic Concept of Guidance and Counselling(Hours-15)

- a) Guidance: meaning, nature, purpose, and need
- b) Types of guidance: Personal Guidance and Psychological Guidance (concept only)
- c) Counselling: meaning, nature, purpose, and need
- d) Types of counselling: Directive and Non-directive Counselling (concept only)

Unit 2: Guidance and Counselling for Diverse Learners(Hours-15)

- a) Identification of Gifted, Slow Learners, and Learners with Learning Disabilities
- b) Need of counselling for diverse learners
- c) Need of guidance for diverse learners
- d) Guidance for Children with Special Needs (CWSN)

Instruction: Only theoretical examination will be held.

Learning Outcomes:-

Upon completion of the course, learners will be able to:

- Understand the fundamental concepts of guidance and counselling.
- Identify the needs of diverse learners and provide appropriate guidance and counselling.
- Develop skills to offer personal and psychological support to individuals.
- Implement effective counselling strategies in various settings.
- Enhance their professional competencies in educational and counselling environments.

Admission Process:-

Application Procedure:

- Fill out the online application form available on the college website.
- Submit the required documents (ID proof, academic records).

Course Fee:-

- ✓ Nil

Selection Criteria:-

- Applications will be reviewed based on academic performance and motivation.
- Shortlisted candidates will be invited for an interview.

Important Dates:-

- Notification Date: 02/08/2022
- Application Deadline: 05/08/2022

- Course Commencement: 08/08/2022 – 27/08/2022
- Date of Evaluation: 01/09/2022 (Offline mode)

Course Duration:-

10 days

No. of Credits:-

2 credits

Other Allied Information:-

- Course Director: **Principal, Domkal Girls' College**
- Course Coordinator: Dr. Krishnendu Roy, Assistant Professor, Department of Education
- Resource Persons:
 - ✓ Dr. Tulika Chakraborty, Assistant Professor, Department of Education
 - ✓ Md Kawsar Hossain, Assistant Professor, Department of Education
 - ✓ Md Abdul Aziz Mandal, SACT I, Department of Education
 - ✓ Saidul Islam, SACT I, Department of Education
 - ✓ Sudipta Ghosh, SACT II, Department of Education

Facilities and Resources:-

- College Library
- Departmental Library
- Computer Lab

Contact Information:-

Address:

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West Bengal, India

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Email:domkalgirlscollege@gmail.com

Website:www.domkalgirlscollege.ac.in(<http://www.domkalgirlscollege.ac.in>)

Join us at Domkal Girls' College and embark on a journey to explore the fascinating world of Guidance and Counselling. Apply now and be part of a supportive and enriching learning community!

Domkal Girls' College is committed to providing equal opportunities for all students regardless of race, religion, or background.

Domkal Girls' College

DOMKAL, MURSHIDABAD, WEST BENGAL

Department of Education

Name of the Course:- **Add-On**

Title of the Course: *Guidance and Counselling (GC)*

Course prepared by-

Dr. Krishnendu Roy

Assistant Professor of Education

Domkal Girls' College

Affiliated by University of Kalyani,
West Bengal, India